

SIMONE HOPKINS & SONS MARTIAL ARTS ACADEMY CLASS TIMETABLE

DAY	LITTLE HEROES 4-6YRS	JUNIOR HEROES 7-11YRS	TEENS & ADULTS 12YRS+	LADIES ONLY 12YRS+
MONDAY	5:00-5:30PM GL3 HUB CHURCHDOWN With SIMONE	5:45-6:30PM GL3 HUB CHURCHDOWN With SIMONE	6:45-7:30PM GL3 HUB CHURCHDOWN With SIMONE	
TUESDAY	5:00-5:30PM BRIZEN, CHELT With SIMONE	5:45-6:30PM BRIZEN, CHELT With SIMONE	6:45-7:30PM BRIZEN, CHELT With SIMONE	7:45-8:30PM BRIZEN, CHELT With SIMONE
WEDNESDAY	5:00-5:30PM CHURCHDOWN CLUB With RICKY	6:30-7:15PM CHURCHDOWN CLUB With RICKY	7:30-8:15PM CHURCHDOWN CLUB With RICKY	
	KIDS SPARRING CLASS 5:45-6:15PM CHURCHDOWN CLUB With RICKY		ADULTS SPARRING CLASS 8:15-9:00PM CHURCHDOWN CLUB With RICKY	
THURSDAY	5:00-5:30PM BRIZEN, CHELT With SIMONE	5:45-6:30PM BRIZEN, CHELT With SIMONE	6:45-7:30PM BRIZEN, CHELT With SIMONE	
FRIDAY	5:00-5:30PM ONLINE ZOOM With BOBBY	5:45-6:15PM ONLINE ZOOM With BOBBY	6:30-7:15PM ONLINE ZOOM With BOBBY	
SATURDAY	10:00-10:30AM HUCCLECOTE With JAMIE	10:45-11:30AM HUCCLECOTE With JAMIE		11:45-12:30PM HUCCLECOTE With JAMIE

ALL PHYSICAL CLASSES MUST BE BOOKED VIA THE BOOKING SYSTEM: <https://bookwhen.com/simonehopkinsandsons>


ZOOM CLASSES: MEETING ID: 266 165 5951 - PASSWORD: 115900

VENUES:

GL3 HUB Churchdown: GL3 Community Hub, Cheltenham Road East, Gloucester, GL3 1HX
 Brizen Cheltenham Venue: The Brizen Young Peoples Centre, Up Hatherley Way, Cheltenham GL51 4BB
 Churchdown Club: Church Road, Churchdown, GL3 2ER
 Hucclecote Venue: Hillview Primary School, Hillview Road, Gloucester, GL3 3LH

ACADEMY EMAIL:

admin@simonehopkinsandsonsmartialarts.com

 Sparring classes are only open to those with a sparring class membership (not included in your standard membership). If you wish to join please contact us.